

AN ADVENT JOURNEY WITH FRESH POSSIBILITIES

Dreams come and go in our lives. All is possible when we dream fresh possibilities. Nothing is beyond our reach this Advent. Dreams help us to see new horizons. At times we are challenged to say ‘good bye’ to the familiar and say ‘hello’ to new opportunities. The season of Advent coaxes us to go to the inn of our hearts and

gaze deeply upon the face of God and his glorious creation.

reflect on our own goodness and beauty.

share the “gold” of our experiences with one another.

bring a contemplative heart to all aspects of life.

embrace a spirituality of “enough” and let go gracefully and intentionally.

Wait in hope for a rebirth of wonder.



There was room for everyone in the stable on the first Christmas morning. All were welcomed. Who will we invite and welcome to the inn of our hearts this liturgical season? Each new Advent day is a path of wonder, an invitation and a challenge to see **fresh possibilities** on our daily path.

Maybe our prayer and invitation will be for the **homeless** that they will experience the joy of a home this Advent.

Perhaps we can weave a prayer for **migrants and refugees** who are far from their place of birth that they will find understanding and compassion on their journey and that their rights will always be respected.

May we hold in reflection and prayer the **sacredness of all of life**, the many manifestations of exploitation, injustices and suffering. In the inn of our hearts let us dream that peace, economic justice and compassion replace war, violence, hunger and modern day slavery.

COME O PRINCE OF PEACE AND BE BORN IN OUR HEARTS.

Advent God, continue to gift us with **Divine Energy**. Awaken within us the memory of the God who became a child, **THE CHRIST CHILD**.

May our world be cradled and blessed with the gift of **EMMANUEL**.

Anna Hennessy c.s.b.

•
•
•
•