

# TO LIVE LIFE TO THE FULL

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MENTAL HEALTH IN  
AUSTRALIA TODAY



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Jesus, you invite us all into the fullness of life.  
May we support one another to flourish  
in body, mind and spirit.  
Strengthen our commitment to ensure  
that nobody falls through gaps in our systems of care.

People called you mad.  
Help us to recognise you  
in those who suffer mental ill-health today.  
Show us how to eliminate stigmatisation of mental  
ill-health  
from our parishes, schools, communities and  
organisations.

You drew near to those  
who were suffering in body or mind.  
May we too feel your nearness  
when we struggle with mental health challenges.  
May we be one as members of Your Body.

You invite us to share in your ministry  
of love and true compassion.  
May we be empowered by your Spirit  
to reach out to all people in need.  
May we build communities of welcome and  
inclusion.

Amen