



SOLAS BHRÍDE
CENTRE AND
HERMITAGES

Celebrating 30 Years in Kildare Town

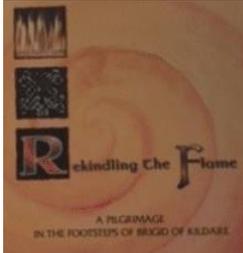
Newsletter

Autumn Newsletter

REKINDLING THE FLAME

A Pilgrimage in the footsteps of St. Brigid

A sneaky peek!



Rekindling the Flame
by Rita Minehan

New Edition
COMING SOON!!



Dear Friends,

The news you've been waiting on...a revised edition of 'Rekindling the Flame' is about to be published and will be available from Solas Bhríde from mid-December. The original book written by Rita Minehan csb has been hugely popular with pilgrims as it offered them a reflective guide to accompany them on their pilgrim journey in Kildare, from St Brigid's Cathedral to St Brigid's Garden and Wayside Wells. Rita's updated edition includes a history of the developments that have occurred in Kildare Town since 1999, in particular the opening of Solas Bhríde Spirituality Centre & Hermitages on Tully Road. The

revised edition will appeal to those coming on pilgrimage to Solas Bhríde and Kildare Town but also to the many who have visited and wish to reflect on that journey through the story, legend, poems and meditations the book presents. The book will be officially launched on February 26th 2023, but more on that anon!!

Plans are advancing for Féile Bríde 2023, the 30th Year of our arrival in Kildare Town and the 30th Year of Féile Bríde, looking forward to an inspiring programme of events. The celebration of our 30 Years in Kildare Town will continue with a major conference on St Brigid in April 2023.....exciting times ahead and we are so delighted and grateful to be sharing these meaningful and enriching experiences with you all. Further details of events will be posted on our website www.solasbhríde.ie

Míle Buíochas
Solas Bhríde Team & Cairde Bhríde



CELEBRATING 30 YEARS IN KILDARE TOWN

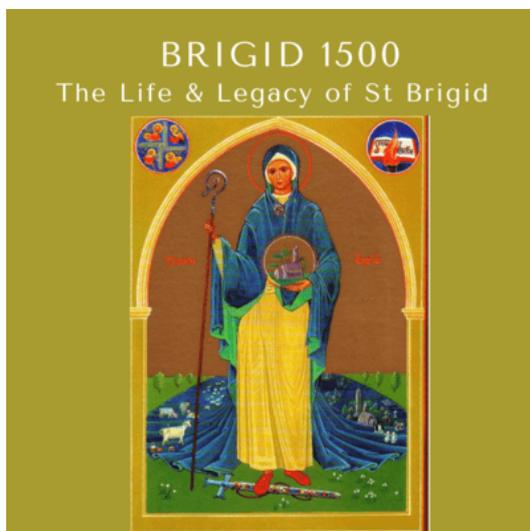
Our celebratory year commenced on 22nd August with a very enjoyable afternoon tea shared with our fellow Brigidine Sisters.

On 15th September old friends and new faces joined us for a 'cuppa tea' and a chat. [Find out more](#) and see the photos of new memories created at Solas Bhríde.

Our Coffee Morning in October raised some funds for [Teach Tearnainn](#), a local women's support group/charity.

CAIRDE BHRÍDE OUTING

Our very dedicated Cairde Bhríde members took to Tipperary for an afternoon of discovery and adventure at the Cabragh Wetlands followed by a wonderful visit to Holy Cross Abbey. Learn more about the environmental importance of Cabragh Wetlands and the cosmic walk - read the full article [here](#).



BRIGID 1500

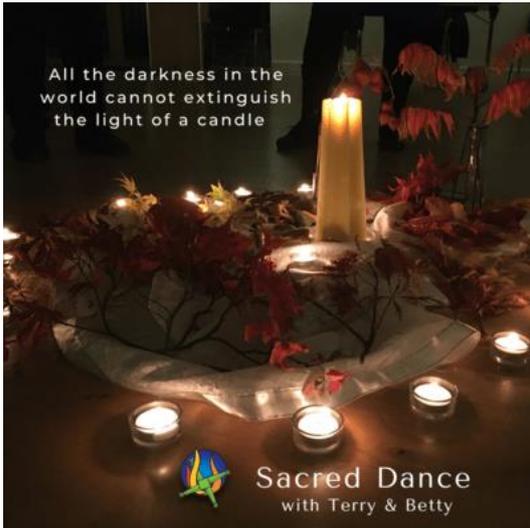
Plans for celebrating the 'Life & Legacy of St. Brigid' are gaining momentum. The steering committee for Brigid 1500 is up and running. It is great to have the Heritage Audit, Cultural Strategy and Business Plan by Abarta Heritage in place. Our very own Rita Minehan csb is representing Solas Bhríde on the committee.....so watch this space!

UPCOMING EVENTS

Don't miss out on some of the events we have lined up for the winter evenings. Our online and 'in-person' meditation series continue on Thursday evenings in November and December - please check our [website](#) or [our facebook page](#) for meditation dates and theme.

Join us in Solas Bhríde for Sacred Dance on 16th November and 7th December or our final ritual of the year, 'The Winter Solstice' on 21st December. Experience the deep sense of community warmth and support at these events whilst nurturing your body, mind and spirit through physical movement and moments of stillness and peace.

To book an event, please click [here](#)



Book your place for a Winter Event

DATES FOR YOUR 2023 DIARY

FEILE BRÍDE 2023: Brigid, Flame of Justice & Peace will run from 31st January to 6th February 2023

CONFERENCE ON ST BRIGID is planned for 22nd April 2023

More details coming soon

STAY IN TOUCH by visiting our [website](#) and [our facebook page](#)

'What you want to ignite in others must first burn in yourself' - St. Augustine

You can make a donation to help support the work of Solas Bhríde

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