



AUTUMN Newsletter

**"Winter is an etching, Spring a watercolour, Summer an oil painting and
Autumn, a mosaic of them all" - Stanley Horowitz**

Autumn Greetings from Solas Bhríde Spirituality Centre

Welcome to all who have joined our mailing list in the last few months and to you who have been subscribers for many years. We are now in our 31st Year in Kildare Town and what an exciting year we have ahead. A year of commemoration to mark the 1500th anniversary of the death of St Brigid will commence in January 2024, indeed already some events have taken place in preparation of this momentous year. Solas Bhríde will present an eclectic programme beginning with Féile Bríde and continuing throughout the year with significant milestone events. Advance details of these events will be posted on our website shortly.

Many of our regular pilgrim groups have contacted us with dates for visits in 2024 and a number of new groups have also looked for dates. It is truly wonderful to see that after 1500 years St. Brigid is still drawing people to Kildare whether in person or through technology. Thank you to all who continue to support and encourage us in our mission. We hope that many of you will be able to make the journey to Solas Bhríde in Kildare Town in the year ahead. Our doors are always open should you wish to spend time in reflection, to slow the pace and to feed the spirit.

Our Autumn/Winter programme is available to view on [our website](#) and includes the return of our online and in-person meditation series, sacred circle dance and a Culture Night event 'Celebrating the Autumn Equinox - a time of Balance'. For further details on these events and how to book see below.

Warm blessings of love and peace to all.

Solas Bhríde Team & Cairde Bhríde

**Season of Creation - Meditation Series – 21st September & 28th
September**



Join us in person or online as we explore the Season of Creation theme inspired by the words from Prophet Amos: "But let justice roll on like a river, righteousness like a never failing stream"

The invitation is to join the river of justice and peace. St Brigid, a woman of justice and peace is renowned for her closeness to nature and her affinity with animals. We can draw on inspiration from her and our Celtic ancestors and hold reverence and respect all creation.

**Book your place for Season of Creation Meditation Series - 21st
September at 7.30pm**

Culture Night – 'Celebrating the Autumn Equinox - a time of Balance'

- Friday 22nd September



**CULTURE
NIGHT**



Comhairle Contae Chill Dara
Kildare County Council

Celebrating the Autumn Equinox - A time of balance



Join us at Solas Bhríde for our Autumn Equinox celebration when we will rejoice and give thanks for the fruits and crops of the earth which sustains life. We will reflect on the legends of St Brigid and celebrate with music, poetry and ritual.

This is a free event and all are welcome.

Book your Culture Night place for 'Celebrating the Autumn Equinox, a time of Balance' - Friday 22nd September at 7.30pm

Sacred Circle Dance – Wednesday 18th October & 15th November

SACRED DANCE

with Terry & Betty



'Dance is the hidden language of the soul'
- Martha Graham

Join Terry and Betty for an enriching experience of circle dance. They will lead you in simple dance steps to beautiful music. It is a type of dance where anyone can join in. It is inclusive, enjoyable, and FUN.

**Book your place for Sacred Circle Dancing - Wednesday 18th
October at 7.30pm**



St Brigid - A Woman, A Life, A Legacy

Brigid 1500 at Solas Bhríde

Planning for this momentous year is underway and as events are finalised they will be posted on our website www.solasbhríde.ie



'Rekindling the Flame' is a beautiful collection of story, poems and meditations - the perfect companion for your pilgrim journey in Kildare Town. The book is on sale now and is available from Solas Bhríde. To order a copy, please contact us by email: info@solasbhríde.ie or by phone on 045-522890.

Booking is essential for all events.

Further details on all the events can be viewed [here](#).

Please book through our website www.solasbhríde.ie or if you require assistance please contact us by email: info@solasbhríde.ie or phone: 045-522890

'If light is in your heart, you will find your way home' - Rumi

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You can make a donation to help support the work of Solas Bhríde Spirituality Centre

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