

"Incarnation is radical in nature. It's all about giving birth to the Divinity in our Humanity" - Fr. James Mailady SVD

Dear Friends,

We hope you have a peace filled, grace filled, hope filled Christmas and may 2024 be richly blessed for you.

We look forward to 2024 with great excitement as we commemorate the 1500th anniversary of the death of St Brigid - A Woman, A Life, A Legacy. There are many events planned not only in Kildare and Ireland but throughout the world. We hope that you can join us either virtually or in-person in 2024 as Solas Bhríde marks this important milestone. Included in this newsletter is the Féile Bríde programme and the links to book the various events we have planned. Details of other events taking place during this year of commemoration can be found on our website www.solasbhride.ie.

We express our gratitude to the Board of Directors, Cairde Bhríde and volunteers for their exceptional support, creativity and involvement in furthering the mission of Solas Bhríde. We also extend our thanks to all you who have supported us by visiting, donating to the Centre and attending events both in person and online. Your kindness is very much appreciated.

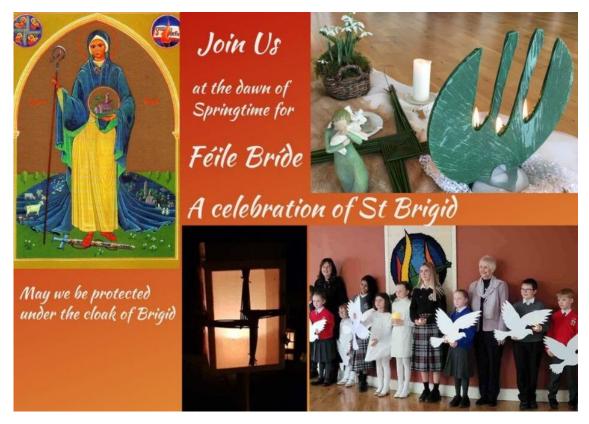
Warm blessings of love and peace to all.

Mary, Rita, Phil & Geraldine



We were absolutely delighted to accept this special award on behalf of the Solas Bhríde Community from the Kildare County Chamber in November. Read our story and see more photos from the Kildare Business Awards 2023 here.





An open invitation to take some time to connect with yourself, your family, your friends and the wider community as we celebrate Ireland's beloved St Brigid. Our annual Féile Bhríde or 'Festival of Brigid' celebratory programme of events includes pilgrimage, music, dance, cross weaving, reflection and discussion. Click on the event links to find out more. Booking for events opens in January.

ST BRIGIDS EVE WEDNESDSAY 31ST JANUARY

<u>Pilgrimage to St Brigid's Well</u> - commencing at 7.15pm from the Japanese Gardens carpark

ST BRIGIDS DAY THURSDAY 1ST FEBRUARY

Cross weaving workshops from 10.00am - 11.30am

Pause for Peace at 12.00 noon

FRIDAY 2ND FEBRUARY

<u>Dance the Dance of God's Blessed Bríd</u> at 10.30am (cost €15) - Booking essential

SATURDAY 3RD FEBRUARY

Revisiting the Customs & Traditions Associated with St Brigid at 2.30pm

SUNDAY 4TH FEBRUARY

The Making of a Modern Book of Kildare at 3pm (cost €5) - Booking essential

MONDAY 5TH FEBRUARY

<u>A Walk on the Curragh (St Brigids Pastures)</u> at 2.15pm (cost €10) - Booking essential

TUESDAY 6TH FEBRUARY

Meditation - A Gift of quiet at the dawn of Springtime at 10.30am

WEDNESDAY 7TH FEBRUARY

Interpretating Brigid 1500 through Floral Art (Demonstration) at 2.30pm (cost €10)

Online meditative reflection on 'St Brigid: Woman of boundless Heart, Faith, Courage & Love' at 7.30pm (€10)

THURSDAY 8TH FEBRUARY

Annual Celtic Lecture - The Secrets of St Brigid at 7.30pm

FRIDAY 9TH FEBRUARY

Meditative Walk in the serene grounds of Solas Bhríde at 10.30am (cost €5)

SATURDAY 10TH FEBRUARY

AFRI Justice & Peace Conference: The Light of Peace at 10am (cost €35)

Further details on all the events can be viewed <u>here</u>.

Booking is available through our website www.solasbhride.ie or if you require assistance please contact us by email: info@solasbhride.ie or phone: 045-522890



BRIGID 1500 AT SOLAS BHRÍDE - Dates for your diary

Following Féile Bríde there are more significant events planned to commemorate and celebrate St. Brigid at Solas Bhríde.

Dr. Edel Bhreatneach, medieval historian will give a lecture on "Why did St. Brigid choose Kildare? The Power of a religious landscape" on 20th April. This will be followed by a musical performance in the afternoon honouring St. Brigid in a special way.

On June 15th, an international pilgrimage organised by Solas Bhríde on the theme "Walking in the footsteps of St. Brigid".

Further details of these and other events will be available on the Solas Bhríde website - view them here. Bookings will open in January 2024.

THE PERFECT GIFT - REKINDLING THE FLAME



'Rekindling the Flame' is a beautiful collection of story, poems and meditations - the perfect companion for your pilgrim journey in Kildare Town. Purchase a copy from our online shop here or contact us by email: info@solasbhride.ie or by phone on 045-522890.

'If light is in your heart, you will find your way home' - Rumi

STAY IN TOUCH by visiting our website www.solasbhride.ie and our facebook page

You can make a donation to help support the work of Solas Bhride Spirituality Centre

Donate Here