On the last day of the Season of Creation 2024, the Feast of St Francis, - and throughout October- let us take time to reflect on St Francis' prayer:

Make me an instrument of your peace.

Where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

O, Divine Master,

grant that I may not so much seek to be consoled as to console;

to be understood as to understand;

to be loved as to love;

For it is in giving that we receive;

it is in pardoning that we are pardoned;

it is in dying that we are born again to eternal life.

