## Pause for Peace – on the Feast of Brigid

Brigidines, colleagues, partners, associates and friends are invited and encouraged to participate in the *Pause for Peace* movement on 1st February.

Pause for Peace is an initiative of the Solas Bhríde Team and the residents of Kildare, Ireland, "to call on people all around the world to stop for a minute's silence at 12.00 noon (local time) on St Brigid's Day, 1st February."

The movement aims to awaken and build a spirit of global solidarity in our search for peace – on a day that honours the legacy of St Brigid, Woman of Peace.



"Let us be instruments of peace as we unite around the world to send out a blessing of peace." — Solas Bhríde