



Dear Friends,

How quickly the year is flying by. We were delighted so many of you could join us for our Lenten Meditation Series. With the lengthening of the days we look forward to welcoming many individual pilgrims and pilgrim groups during the coming months. We hope many of you can join us for our Summer programme of events. Unfortunately, we do not have an online offering this summer but we are looking to expand our online programme of events for the coming year.

Easter blessings to all

Solas Bhríde

**"On this Easter morning,
let us look again at the lives we have been so generously given
and let us let fall away the useless baggage that we carry
— old pains, old habits, old ways of seeing and feeling,
and let us have the courage to begin again.
May the spirit and light of this Easter morning bless us all,
watch over us and protect us on our journey,
open us from the darkness into the light of peace
and hope and transfiguration"**

John O'Donohue



The Easter message
is one of hope
through letting go
and transformation

UPCOMING EVENTS AT SOLAS BHRÍDE.....



CELEBRATE EARTH DAY
OUR POWER, OUR PLANET
22ND APRIL 2025

CELEBRATE EARTH DAY - Tuesday 22nd April

"We need to strengthen the conviction that we are one single human family. We are faced not with two separate crises, one environmental and the other social, but rather with one complex crisis which is both social and environmental" - Laudato Si

On the evening, there will be a short presentation on Solas Bhríde as an ecological building, and the plans to install solar panels followed by a contemplative walk in the environs of the Centre. To book or to find out more please click [here](#)



BEALTAINÉ
30TH APRIL 2025



Let us nurture the spirit of renewal and
embrace the light of the lengthening days

BEALTAINÉ CELEBRATION - Wednesday 30th April at 7.30pm

In ancient Celtic traditions, Bealtaine was a festival celebrating the beginning of summer. It was the time of year when the animals were driven out to the summer pastures.

In the Christian tradition, the month of May is known as the month of Mary.

There are many traditions associated with May Day - the decoration of the May Bush, making garlands of flowers and honouring Mary

You are warmly invited to join us for this wonderful celebration at the beginning of summer. To book or to find out more please click [here](#)

A MID-SUMMER PILGRIMAGE
IN THE FOOTSTEPS OF ST BRIGID
21ST JUNE 2025



A MID-SUMMER PILGRIMAGE IN THE FOOTSTEPS OF ST BRIGID

'In every sacred journey, there is a hidden space we must find, a place along the path where we will begin to understand the deep mystery of our pilgrimage'
- *Jan Richardson*

Join us on 21st June as we mindfully walk in the footsteps of St Brigid across the Curragh Plains. To book or to find out more, please click [here](#).

Further details on all the events can be viewed [here](#).

Booking is available through our website www.solasbhride.ie or if you require assistance please contact us by email: info@solasbhride.ie or phone: 045-522890

THE PERFECT GIFT - REKINDLING THE FLAME



'Rekindling the Flame' is a beautiful collection of story, poems and meditations - the perfect companion for your pilgrim journey in Kildare Town. Purchase a copy from our [online shop here](#) or contact us by email: info@solasbhride.ie or by phone on 045-522890.

'If light is in your heart, you will find your way home' - Rumi

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You can make a donation to help support the work of Solas Bhride Spirituality Centre

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